

## ABSTRACT OF THE DISCLOSURE

A guide to trim and shave facial hair that is held in place by a chin plate and releasable neck strap holding the plate tight on the chin. The guide has a pair of clamps rotatably connected to the chin plate, each clamp having an aperture slidably receiving a calibrated guide rod, the clamp being capable of securing the rod at a variable distance from the chin plate. A second embodiment has an additional pair of guide rods slidably and rotatably attached to the first pair of guide rods by a second pair of clamps. The second pair of guide rods extends from the first pair of rods at a variable distance from the chin plate and can be rotated in parallel planes with the first pair of rods about the axis of the second clamp.